

District Emails

Families: *Updates from Westside Community Schools are sent through our School Messenger system. We have noticed that some COX and AOL email addresses are being auto-blocked. We continue to work with these providers to troubleshoot the problem and find a solution. If you feel you are not receiving emails, newsletters and/or alerts from either the District or your school principal, please contact Kim Sedivy at sedivy.kimberly@westside66.net.*

Thanksgiving Break is Coming!

We will have a break over the Thanksgiving holiday; there is no school on Wednesday, November 22, through Friday, November 24. We hope you have a lovely Thanksgiving holiday with family and friends! We will see you back at Hillside on Monday, November 27.

Ice Skating is Tonight at Grover Ice Rink!

We hope to see you at Grover Ice Rink tonight for some fun family ice skating. The address is 6171 Grover Street. A parent or guardian must be present for children to skate. Cost is \$4.00 for kids, \$6.00 for adults, and \$2.00 for skate rental. See flyer in this newsletter!

Children's Behavioral Health Presentations

We would like to continue to remind you of a valuable collaboration in place between Westside Community Schools and Children's Behavioral Health at Children's Hospital & Medical Center. This partnership allows us to address the mental health needs of our children and families districtwide. The services offered through the Student Assistance Program include free assessments and short-term counseling, where students and their parents are invited to complete

two free face-to-face sessions. Children's Behavioral Health therapists are able to help you address any cognitive, emotional, developmental or personal issues that your student or family might be facing. Students and families have two options:

1. Contact your Counselor, Social Worker or School Psychologist for information about Children's Behavioral Health, or
2. Call Children's Behavioral Health directly at 402-955-3900 to schedule an appointment. Children's Behavioral Health is located at 1000 North 90th Street (southwest corner of 90th & Western Streets.)

In addition, Westside Community Schools will host several **free parent seminars** offering valuable information from experts at Children's Hospital & Medical Center. All seminars run from 6:00 - 7:00 pm.

November 28, 2017 @ Westside High School Topic: Depression

December 12, 2017 @ Westside West Campus Topic: Trauma

January 23, 2018 @ Westbrook Elementary Topic: Coping Skills

February 20, 2018 @ Paddock Road Elementary Topic: Anxiety

March 7, 2018 @ Westside Middle School Topic: Test Anxiety

April 18, 2018 @ Oakdale Elementary Topic: Social Media

May 8, 2018 @ Sunset Hills Elementary Topic: Self-Harming Behaviors

We believe this partnership with Children's Behavioral Health will continue to enhance the existing mental health supports for students and families within the Westside Community Schools. Please feel free to contact your school for more information.

Hillside Water Bottles for Sale in the Office

Hillside water bottles are available in our main office. The cost of a water bottle is \$5.00. These are nifty, color-changing water bottles (they turn blue when there is cold water inside). Please take the extra step of identifying your child's water bottle with a name or initials printed on it in permanent marker! All water bottles look the same.

Art to Remember

We are excited to announce that Hillside Art has shipped 3 weeks early!!! This will be sent home with your student on

November 17th!!!

Late orders can be completed online until January 12th. Please contact Hillside Community Club at d66hillside@gmail.com if you need your online code. Please note delivery of late orders will not be guaranteed for the holidays.

Thank you for supporting Hillside!!!!

community club presents:



ICE SKATING NIGHT

GROVER ICE RINK

6171 GROVER STREET

\$4 – Kids

\$6 – Adults

\$2 – Skate Rental

FRIDAY, NOVEMBER 17TH

6 PM – 7:30 PM

A parent or guardian must be present at the ice rink. Seating will be available for non-skaters.

\$1 per skater will go back to the school

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FAMILY CODE NIGHT

DECEMBER 7

5:30 - 7:30 P.M.



WESTSIDE
MIDDLE
SCHOOL
LIBRARY



REGISTER HERE: [HTTP://TINYURL.COM/FAMCODENIGHT](http://tinyurl.com/famcodenight)