

Spring Break: April 2 – April 6

See you back at school on April 9!

Rise and Shine Reading Event is April 10

Hillside is having a **Rise and Shine Literacy Event** the morning of Tuesday, April 10th from 8:00-8:30. Students and an adult are invited to come to the library to enjoy a snack and juice. Students will receive a free book and bookmark. Parents will enter into a drawing to receive a book on home literacy. Students will also enter into a drawing to win a free book at our next book fair April 24-27! Other literacy information will also be available at the event. To RSVP, please email reeves.melisa@westside66.net. In the email, state your name and the number of family members who will be attending.

Children's Behavioral Health Presentations

We would like to continue to remind you of a valuable collaboration in place between Westside Community Schools and Children's Behavioral Health at Children's Hospital & Medical Center. This partnership allows us to address the mental health needs of our children and families districtwide. The services offered through the Student Assistance Program include free assessments and short-term counseling, where students and their parents are invited to complete two free face-to-face sessions. Children's Behavioral Health therapists are able to help you address any cognitive, emotional, developmental or personal issues that your student or family might be facing. Students and families have two options:

1. Contact your Counselor, Social Worker or School Psychologist for information about Children's Behavioral Health, or

2. Call Children's Behavioral Health directly at 402-955-3900 to schedule an appointment. Children's Behavioral Health is located at 1000 North 90th Street (southwest corner of 90th & Western Streets.)

In addition, Westside Community Schools will host several **free parent seminars** offering valuable information from experts at Children's Hospital & Medical Center. All seminars run from 6:00 - 7:00 pm.

April 18, 2018 @ Oakdale Elementary Topic: Social Media

May 8, 2018 @ Sunset Hills Elementary Topic: Self-Harming Behaviors

We believe this partnership with Children's Behavioral Health will continue to enhance the existing mental health supports for students and families within the Westside Community Schools. Please feel free to contact your school for more information.

Nebraska State Testing

Nebraska State Testing begins the week of March 19-23 and continues for several weeks after that. Please check the Hillside calendar on our website for specific days for each grade level. Teachers will also announce these days in their classroom newsletters. There will be makeup testing during the week of April 23-27. It is our desire that students are calm and confident when they are taking these tests. Help your student by making sure he or she eats a nutritious breakfast and has a healthy snack for school. Also, sleep is very important, so encourage a reasonable bedtime so that students get at least 8 hours of sleep!



**VOLUNTEERS
NEEDED**

BOGO BOOK FAIR

Contact Mrs Kenny at
kenny.kelly@westside66.net if you are
able to help during any of these times

TUESDAY 4/24 3:30-4:30 PM

WEDNESDAY 4/25 11:45-1:15 AND 3:30-6:00 PM

THURSDAY 4/26 3:30-4:30PM

FRIDAY 4/27 3:30-5:00 PM (TEAR DOWN AT 4:30)

Westside Middle School's

Westside Edge Show Choir Camp

Monday - Friday, June 4 - 8, 2018

What: Westside Middle School's show choir staff presents an opportunity to get an edge on your middle school try out. This week-long camp students the opportunity to be a part of a show choir that will put together a performance show as well as have opportunities to participate in other music interests workshops.

When: The camp will run daily from 9 A.M. until 4 P.M. with a public performance at 3 P.M. on Friday, June 8th.

Who: All boys and girls entering grades 6-7-8 for 2018/19 school year. It is first come – first served, and there are a limited number of spots available!

Cost: **\$200.00** per student – includes a box lunch, water and snacks, and a T-shirt.
(Contact Mr. Djernes for need-based reduced tuition)

Other Info:

- Check-in at the WMS Performing Arts Entrance.
- The performance will take place in the Westside Middle School Performing Arts Center on Friday, June 8th at 3:30 P.M. Family and friends are encouraged to come watch the performance free of charge.
- Students should wear appropriate comfortable clothing throughout the week.
- Staff will include Westside Middle School director Nick Djernes, professional choreographers, and additional qualified show choir staff.
- Questions should be emailed to djernes.nicholas@westside66.net.
- Registration form AND check must be received no later than **Wednesday, May 16, 2018**.
- To register a student for the show choir camp, mail a \$200.00 check (**made payable to POMMS**), along with a completed registration form to:

Mr. Nicholas Djernes
Show Choir Camp
Westside Middle School
8601 Arbor Street
Omaha, NE 68124

Westside Edge Show Choir Camp Registration

Student Name: _____ Age: _____ Grade (in Fall): _____

Male Female School (in Fall): _____

Student's Address _____ Apt # _____

City: _____ State: _____ ZIP: _____

Phone: (____) ____-____ Email: _____
(Registration confirmation and other information will be communicated via email)

Emergency Contact: _____ Phone: (____) ____-____

T-Shirt Size: Youth M (10-12) Youth L (14-16) Adult: S M L XL

Parent Release: Please accept the application of _____ in the 2018 WMS Show Choir Camp. I hereby release the Westside Schools and its employees and agents from all claims on the account of any injuries sustained by my child while attending the clinic.

Parent Signature: _____ Date: _____

Battle of the Books Teams from Hillside:

Congratulations to our fiercely competitive Battle of the Books teams. They battled it out at Westside Middle School on Saturday, March 24, 2018!



Students are:

Spencer, Michael, Brody, Carter, Ian, Ceci, Sofia, Bella, Charlie, Evan, Samuel

March 23, 2018

Dear Parent or Guardian,

Our 5th and 6th grade classes at Hillside will be studying the changes of puberty that usually begin about this time in students' lives (puberty can begin as early as age 8 or 9). Our coursework will involve identifying and discussing the physical, emotional, and social changes that typically occur as a result of the hormone changes taking place.

Our students and teachers will be separated into male and female classrooms. Mrs. McGill (school counselor) and Mr. Korbelik (physical education instructor) will provide this instruction beginning Monday, April 9th and concluding on Wednesday, April 18th. Each class of students will receive two lessons on content pertaining to the listed resources below. If you wish to have your child removed from this instruction, please contact Mrs. Bailey (Principal) (402) 390-6450, by Friday, March 30th.

Content and information used for this instruction will be taken from the resources below.

- 1. Children's Hospital & Medical Center.
"Passage into Puberty" – 5th Grade
www.healthteacher.com**
- 2. F.L.A.S.H. (Family Life and Sexual Health) Seattle and King Co.
"Puberty" – 6th Grade**
- 3. 5th Grade video links:
Always Changing About You (Boys Only) Video:
www.youtube.com/watch?v=FKJPtx1QuCc
Always Changing About You (Girls only) Video:
www.youtube.com/watch?v=kzjbyEiuruM**
- 4. K-12 National Sexuality Education Standards
www.futureofsexeducation.org**

You are invited to join us for a Free
Parent Education Group
“Becoming a Love & Logic Parent”

Presented by
Sarah Lieske, LMHP
School Counselor, Paddock Road
Kathie McGill, LMHP
School Counselor, Hillside

Love and Logic provides simple and practical techniques to help parents and care givers have less stress and more fun while raising responsible kids. During the course, you will learn about the two rules of Love and Logic, the Anticipatory Consequence, ways to neutralize arguing and much more. You will walk out with information and ideas that you can use right away!

Who: Parents with children of any age

What: A five-week parent-training program designed by the Love and Logic Institute, Inc.

When: Monday, March 19th
Tuesday, March 27th
Monday, April 9th
Tuesday, April 17th
Monday, April 23rd
Classes from 6:00pm to 8:00pm

Where: Paddock Road Elementary
3535 Paddock Road
Omaha, NE 68124
Phone 402-390-6465

How: Registration is FREE to all district families.
Class size is limited.
FREE childcare for children (grades PK-6 only) who are students in the district is available.

Contact Person: Sarah Lieske
Lieske.sarah@westside66.net

To Register: Please email the following information to Sarah Lieske:

- Number of Adults Attending
- Names of Adults Attending
- Number of Children Needing Childcare
- Names/Ages/School of Children Needing Childcare
- Your Phone Number

Westside Community Schools does not unlawfully discriminate on the basis of race, color, national origin, sex, gender, sexual orientation, religion, creed, disability, age, marital status, genetic information, military or veteran status, or any other characteristic protected under law in its educational programs and activities or in admission or access to, or treatment in, hiring and employment.

Join us on Twitter: @hillside_tigers

Find us on Facebook: Hillside Elementary School

Hillside Water Bottles for Sale in the Office

Hillside water bottles are available in our main office. The cost of a water bottle is \$5.00. These are nifty, color-changing water bottles (they turn blue when there is cold water inside). Please take the extra step of identifying your child's water bottle with a name or initials printed on it in permanent marker! All water bottles look the same.